

Médecine Symbolique

By Rose and Gilles GANDY

Preamble

Before getting into the heart of the matter, we wish to highlight that we have experimented all the problematics (pains, symptoms, sufferings) we deal with, as well as the trials and errors towards healing. This has led to the protocols of Medecine Symbolique that we teach today. These protocols are still very relevant and effective years after they have been discovered.

You will find the definition of the terms we use in the annex. This definition is often connoted in its traditional use, particularly for the words *medicine* and *healing*.

TABLE OF CONTENTS

Preamble.....	Page 1
History of the method.....	Page 2
1. The Dowsing Rods.....	Page 3
2. The Habitat – Inhabitant Harmonisations.....	Page 5
3. Healing people.....	Page 7
a) Invasive disturbances.....	Page 8
b) Pollutions of family lines.....	Page 9
c) The Karma’s informations.....	Page 13
d) Psychic problematics.....	Page 15
4. Training programme.....	Page 16
5. Potentialities of the method.....	Page 17
Conclusion.....	Page 18
Annexes.....	Page 19

History of the method

We have discovered and conceptualised the method in 2006. It is based first and foremost on experiments on harmful disturbances within the habitat. When we say habitat we mean someone's home.

At the beginning, we could relate our method to already existing fields of study like Feng-Shui or geobiology, the habitat being at the heart of our practice. Thereafter, our experiences having led us to positive and practical results, we started teaching this method to other people, who obtained the same results.

Over the years, the method has been enriching itself with new discoveries on the origin of human pathologies. Each time, we published a book in order to share these developments (see bibliography¹). The increasing demand for training led us to call on other practitioners of our method - the group has currently more than 10 trainers.

In parallel, the number of training locations has increased too, in France and abroad.

At the beginning, we named the method "Habitat-Inhabitant harmonisation". This name described well what was really happening during an intervention on a person's home. As a matter of fact, we were intervening on the habitat but this was more telling about the person themselves. We observed quickly that a sort of "intelligence" was guiding the dowsing rods, which originally are geobiology bent sticks. This force is giving messages to the inhabitants of a place, in order to make them aware of their subconscious mechanisms which were the hidden cause of the disturbances they were experiencing in their house):

The two objectives of those harmonisations could be summed up as follows :

- Give meaning : Harmonisations always gives meaning to the disturbances' origins, and this also gives meaning on the functioning of life.
- Become autonomous : Involved persons always "grow" through a harmonisation, becoming aware of what enables them to better manage their life. Thus, they become less dependent on an external solution and therefore more autonomous and less anxious.

¹Bibliography

Publications

- Éloges du Mystère », Éd Recto-Verseau 2000
- Votre maison est-elle malade ? », Éd Le Souffle d'Or – 2008
- Lignées familiales, comment trouver la paix ? », Éd Le Souffle d'Or – 2012
- Entités et parasites énergétiques », Éd Trajectoire – 2013
- La culpabilité, l'émotion qui tue », Éd Le Courrier du Livre – 2013
- Entités et parasites énergétiques », Éd Trajectoire – 2015
- La médecine symbolique, le chaînon manquant », Éd Trajectoire – 2015
- La guérison de l'âme », Éd Trajectoire – 2017
- « La Médecine Symbolique », Debowska productions – 2015
- « Votre maison, Harmonisation Habitat - Habitant », Debowska productions – 2015
- « Rennes le château », Debowska productions – 2016
- « Le sacré dans ses trois dimensions », Debowska productions – 2017
- « Aux sources du sacré intemporel », Debowska productions – 2017
- « DVD d'initiation au maniement des baguettes coudées », 2016, translated in 5 langages

Informations

Website : www.medecinesymbolique.com

Tel : +33 4 79 70 67 27

Email : contact@medecinesymbolique.com

Youtube : Médecine Symbolique

We then observed that healings happened on the person's auras during harmonisations. On this basis, a lot of protocols arrived, allowing us to treat root causes (that we totally ignored), like pollutions of family lines or disturbances dating back to before the person's birth. Surprising positive changes could be observed in the persons following our work, and the effects were sustained.

"Symbolic Medicine" seemed to define the method, for it had become evident that it unveiled a therapeutic method with the symbol as means to communicate with individuals' unconscious strengths and weaknesses. For both receiving messages of the invisible and answering them.

1. The Dowsing Rods



We practice the method with dowsing rods – originally geobiology bent sticks. This tool is often used by water seekers, radiesthetists and geobiologists. It is made of a brass rod and a PVC shaft. The perfect length is 30 cm (11,8 inches).

→ Explicit signals

The intervenor holds the rods in front of his heart, for it is the chakra which gives the main signals during the harmonisations :

- Rods open up : the chakra expands. This expansion translates well being;
- Rods close : the chakra retracts. It translates a limitation, a sorrow, a wound of the soul.

These two basic signals impose themselves as "yes" and "no" when we probe the invisible with yes or no questions or ask it to date back disturbances.

But those tools can give a lot of different signals. Our practice already enables to describe a few of these signals of pollutions. These are not mental conventions established by us. They are the result of our experiences in households. Each detection has therefore a meaning when analysed in its symbolism.

- A regular fluttering of the rods, like a heartbeat, indicates the presence of a blocked soul at a place. The soul is "what animates the body". When this part leaves the body through death, it is logical that a fluttering is produced. T the heart doesn't beat anymore but the soul still does!
- An irregular fluttering, alternating between right and left, indicates the presence of a destructive form of life (entity). The fluttering symbolises something that lives, like the human soul. When our souls dislike it, like in the case of aggressive entities, this produces an irregular fluttering of the rods, which symbolises a dysharmonie.
- If one rod rotates, this can indicate the presence of a vortex, of a specific point or that an energetical cycle is taking place. When the energy moves in lemniscates (∞), it produces loops that are visible when we observe movements of air masses, water currents. When the rods indicate this signal (spiral, vortex, lemniscate), it deals with a normal sign of life. During the harmonisation, it always has a symbolic sense for the harmonised person. In a nutshell, each detection gives meaning to the inhabitant, for they are at the heart of the system.
- When the two rods rotate, it often indicates the presence of a wandering soul which is not conscious of its state. This symbolises the fact of "going round in circles". This can concern a soul which has come out of its body without having understood its new state. When we

- find this signal around one inhabitant, the rods continuously turn around the person, it almost always deals with the soul of a deceased relative that the person keeps in their auras.
- When both rods close on a line, it shows the presence of a territorial limit. When we approach a private place (e.g. land, house, apartment), there is an invisible territory that corresponds to the physical territory (property limit for example). It is therefore normal to enter it first when we are allowed to. The rods indicate this limit very clearly. When we are allowed to enter, the rods open up.
 -
 - When the rods are pushed back when approaching a territory, it indicates a hostile presence at this place. These are often energetical pollutions. When a place is squatted, this will always ward off the intervenor. In this case, the rods clearly turn back. At the same time, this signal protects the intervenor because as they holds the rods in front of the heart, they could be touched by pollutions if they stayed.

On the other hand, the rods enable multiple healing features thanks to their ability to feel signals . This is what makes them an essential tool for us that would be difficult to replace.

- By guiding the intervenor towards the problematic areas, they indicate a developing path, a direction.
- They point at objects, symbols, allowing the intervenors to direct their researches on certain thematics.
- They measure the efficiency of exchange of information by opening widely until they touch the intervenor's arms.
- They allow to follow the relevance of what the inhabitant says. When they evoke the sought problem, the rods close, which shows the withdrawal of the soul mentioned above.

→ You need only one tool

We only use the rods in our practise of "Medecine Symbolique" be it during the harmonisations of habitats or during the treatments on people.

As it is a bio-sensible instrument, its creation has to fulfill quality criteria. Handles must be ergonomic so that the practitioner do not get tired during the harmonisations.

→ How to hold the rods?

Holding the rods with closed fists is proscribed, otherwise there cannot be any finesse in the detection. No need to hold like a hammer!

The rods are to be held almost with fingertips, and a daily training is necessary, a bit like when one learns to play a music instrument².

→ A simple practice, accessible to all

We have been able to observe hundreds of practitioners and we can summarise in three lines the conditions of a successful practice of the method. All those who obtain good results:

- hold the sticks correctly (it is important to always keep this aspect in mind);
- are able to empty their head during a harmonisation one should face their fear of "not knowing";
- practice regularly (training or intervening in a home) on different cases: experiences enrich and give confidence.

² **Training** : we recommend the people interested to take a training or to buy the training kit which includes the rods and a 2-hour DVD , translated in five languages.

2. The Habitat – Inhabitant Harmonisations

The concept of habitat-inhabitant harmonisation is fundamental in this method. From the start, we discovered that the disturbances, which we experienced in houses, have an echo on the occupants of the place. As we intervened the first time on our house, because we felt bad inside, the rods said two things:

- Memories of former inhabitants have to be cleaned: This is the external phenomenon yang;
- We have weaknesses in ourselves, which correspond exactly to those memories and that we could therefore reproduce: This is the internal phenomenon ying.

In other words, “what guides the rods” shows us the evidence that we cannot get rid of those invading disturbances without:

- being aware of our own internal echoes;
- and then making a change (conscious act) in order to correct our internal state.

→ Example :

Our first harmonisation showed pollutions in the kitchen. The former tenants had had problems at this place - they used to receive groups and cook for them. They had encountered difficulties in managing the cooking, the financial aspect of their business, and they were tired, hence their decision to sell the house. As a consequence, they had been forced to hire a qualified person for that position.

We ourselves were just out of two divorces and decided to settle down together. In general, the kitchen represents home, the place where the family gathers around the meal. The relation with the food comes from the relation to the mother, the nourishing earth. It is particularly present in Christian rites. We both had just failed in our family ideal! The memories of our new place were immediately telling us not to rebuild another ideal, but rather to manage it "professionally". At the time of this harmonisation, we had a decline in turnover, an inexplicable tiredness, tensions in our relation: we were exactly reproducing the pattern of the ancient owners... Through that awareness and the energetical cleansing of our household, everything has changed immediately!

→ Explanations

One can say that there is nothing in life without a visible and an invisible part (matter / spirit).

Chinese energetics speaks about yin and yang and comes to the same statement: there cannot be a full phenomenon (yang) without an attractive synergic counterpart (yin).

In medical language, one can say that every invasive phenomenon (germ, bacterium, virus) has, as counterpart, a failure of the immune system and of the inherited health capital. The vulnerability in the person lets the intruders come in, a bit as if one had let the doors and windows of the house open, and would be then surprised to find rats and other undesired occupants..

Yet, what is true for a part of a whole is also true for a bigger or smaller aspect of the whole, since the same laws apply to them.

What we discovered in 2006 can now be explained as follows: the disturbances experienced in an habitation are similar to those lived in a body. The house is in fact the symbolical reproduction of a bigger, stronger body, and is supposed to better protect us. The first thing we make as we come out of the protective mother's womb is to rebuild another womb!

Yet as the invisible memorizes our intentions (conscious or unconscious), it will then materialise the same effects in our physical body and our house. As a consequence, the house becomes a reading grid of our unresolved issues, as any other symptom or disease.

→ **A discovery of major importance**

This symbolic dimension of the house was already explored, notably in Indian and Chinese parables, the house is often compared to the body, like the vehicle, the carriage, etc. In modern psychology, the house tells a lot on the inhabitant's personality, and their relation to the mother womb.

The counterpart of this relation has not really been studied yet. If the invisible is printed upon the house and the body, creating disturbing symptoms, is it possible to reverse the process and heal a human being by acting on their house?

Our discovery can be summarised by this experience: there is an interaction between the habitat and the inhabitant, and vice versa. Therefore one can act in greater depth on a person by harmonising their home.

→ **The inhabitant, this stranger!**

Thereafter, the symbolic has become clearer. If the habitat represents the body, what does the inhabitant represent? Answer: "What inhabits the body". The tradition evokes the soul and the spirit as what "inhabits and animates the matter". It is difficult to name and give a precise explanation to this invisible, but it is certain that "something" guides the rods and orientates the harmonisations towards the causes of these disturbances. This invisible:

- responds precisely to the inhabitant's request;
- indicates them the blockages of the place by the means of symbols. Those blockages are the mirrors of one's internal blockages;
- indicates them how to correct those blockages, internally as well as externally. The action happens in the same symbolic language;
- happens at some specific points in the house, which we coined "spiritual points".

In Feng-Shui, this invisible is called "spirit of the place" or "soul of the place". This presence is in complete interaction with the inhabitants and available at all request. One could say that it is the hidden energetical strength behind the manifestation of life.

The only difficulty is to learn to understand the language that we name Symbolic.

One must get through this language:

- to be able to receive the messages that will awaken the inhabitant's consciousness;
- to be able to respond to them;
- and thus to obtain a modification of the disturbances in the habitat as well as in the inhabitant themselves.

→ **We are this " All "**

A "harmonisation Habitat- Inhabitant" at one's place enables to work on their consciousness (soul), which leads to changes inside their body (habitat). These physical improvements are the result of somatization.

This mechanism brings to life a dialogue with the invisible of the place, which has always been available!

Logic could lead to conclude this invisible to be a mirror of our interiority!

If the habitat is a symbolic representation of our body, the invisible that occurs in it is a symbolic representation of what inhabits the body - our consciousness. In the Trinity Body – Soul – Spirit, we have come to this conclusion: this is the manifestation of our soul, since the result of a harmonisation can always be measured by a change towards more consciousness.

This change of consciousness shapes, in its turns, the invisible, which results in a changes in the visible, the matter.

Therefore, this pattern can be summarised as follows.

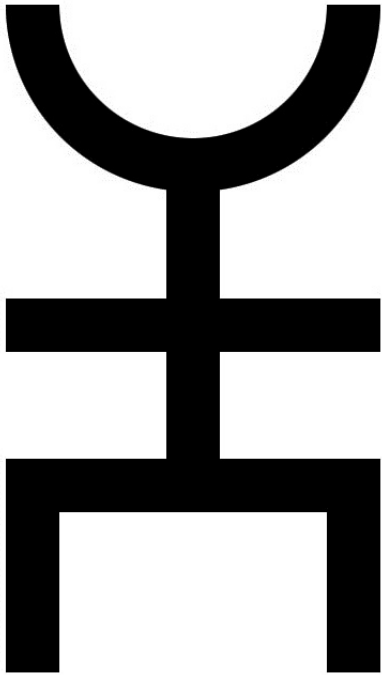
Western / Eastern tradition	Human body	Habitat
SPIRIT – yang (positive)		Information (the invisible)
SOUL – balance (neutral)		Consciousness (presence)
BODY – yin (négative)		Apparition (the matter)

Table of Symbolism of the Human Being in One’s Three Dimensions

A Habitat – Inhabitant harmonisation enables to take action on the three following realms:

- Symbolic language, the language of the soul;
- Rational explanations, mental understanding and;
- and concrete acts, the somatization on the matter.

We can say a harmonisation helps us to become increasingly conscious of "what we are", namely *Creators*.

3. Healing People

The possibility to carry out treatments on people appeared gradually. The paths towards communicating with the invisible showed us the quickest and most efficient therapy to act on the habitat is the healing of and by the inhabitants.

However, despite the development of treatments on people, the method still relies on the habitat as mirror in order to act, or ripple, on the body.

a) Invasive Disturbances

Invasive disturbances constitute the first aspect of Symbolic Medicine. Our work is known – and recognised above all for the treatment of what we commonly call "entities". This term relates to harmful (pathogenic) energetical masses, which invade living spaces and hang on a persons' auras. As we discovered these forms of lives at our place, we have simultaneously learned how to heal them, since the invisible was directing us to questions leading to solutions. At some point we understood the personal hook of the phenomena³.

Life also brought home more and more serious and harmful disturbances. Indeed, we were hosting trainings, with full pension. Yet, those trainings were dealing with the field of energetic, introspections and shamanic approaches.

We have therefore learned to clean:

- Emotional pollutions related to liberations happening during trainings;
- Mental pollutions related to trainees' problematics that were imprinting on our place - lots of persons had psychological issues;
- Paranormal pollutions (in the sense of not normal) related to energetical practices. Several therapists used energetic, or "magical", means to proceed and these were creating lots of disturbances at our place.

In short, we have quickly progressed in this field, first to regain harmony at our place, and then to treat these disturbances in our external interventions. There too, we observed that disturbances happening in the habitat were always related to vulnerabilities or weaknesses in the inhabitants.

→ Example

During a harmonisation in a farm, we discovered very aggressive pollutions that were invading the place, as if everything were leaden, heavy, aggressive. Obviously, in appearance, the exterior seemed to be the cause (e.g. neighbours, visitors, family members). The inhabitant of the place thought disturbances were coming from people willing to harm her. Everybody reacts this way, for it is the first reflex when we feel hurt and don't know how to explain why!

But the rods pointed solely – as they usually do – to internal causes> The invisible never requests to act on the exterior). In this case, there was in the house two very old brothers, one of them being the father of the inhabitant. Her uncle was taciturn and hard. He was observing our work. The internal origin of the disturbance came from there!

The harmonisation showed that the inhabitant forgot herself for the sake of her father and uncle and did not realise herself. The pollution coming out the uncle could just be confined to her room, not more. We have cleaned up the rest...

As we departed, we extended our hand to the uncle for a goodbye handshake. We had had almost no exchange but were well intentioned. After all, isn't there "good" in everyone?

In the car, we were exhausted! As we arrived home, we realised that this handshake had transmitted us entities that were slowly invading us. We had opened our doors to unwanted energies with our good intention.

→ Explanations

In this harmonisation, we have really understood that there were whether a "good" or a "bad" side. This binary model does not exist in energetics: the energies (entities) have functions and roles to play within the whole. Whether we let them in or we are indifferent to them.

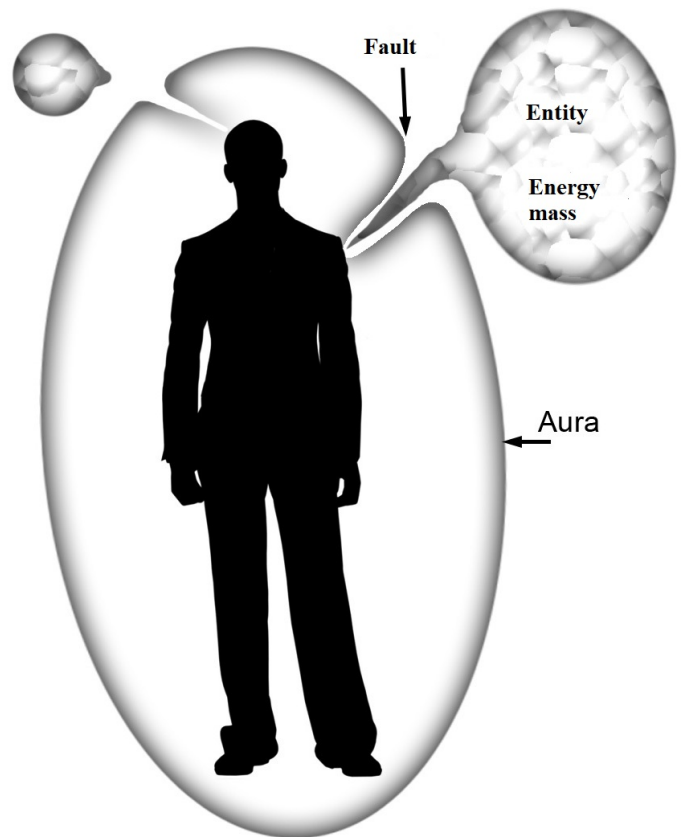
The invisible disturbances materialise, like all the rest of the creation, by a phenomenon of attraction. An entity can only exist if one has a corresponding breach in oneself. If not, it moves on...It is a yin-yang synergy, a "fullness-void" union.

³ **How entities work** : Each manifestation has its external part (entity) and its internal part (person's vulnerability).

When we want to remove an entity in a house or a person, it is essential to start working with the breach, namely the weakness of the person. Only the person is conscious and has the power to change the manifestation, hence the interest in questioning the inhabitant. The entity rather looks like a public servant who does his job!

Talking with the entity, fighting against it, wanting to eliminate it, all this won't help. Very often, the persons tell us that they have consulted therapists who "remove entities". They feel better for a few days, then the disturbances come back

In light of our explanations, it seems clear that only the yin causes are not taken into consideration during the treatment. For example, removing an entity on a person who has taken drugs – a common case of invasion – is useless if the person still needs and wants to take drugs... It is common sense.



→ Conclusion

Extraction of an entity constitutes one of the most powerful symbolic ritual the invisible taught us from the beginning. This symbolic ritual is to be found in very common medical acts, such as removals of parts of organs during surgical operations, and in traditional acts, like exorcism practiced during shamanic or religious rituals. The fundamental difference in the practice of the Symbolic Medicine consists in:

- Searching at length the origins of the causes within the person;
- Initiating a modification of the person's consciousness so that these causes modify themselves.

Generally, the extraction of the entity itself comes last, like a formality to close down the care ritual.

b) Pollutions of family lines

After the learning process around individual causes, the invisible showed us the presence of collective causes for certain disturbances. These causes were always coming from the past and were pointing at ancestors. We came into the field of psychogenealogy and family constellations, two new tools for us we had just heard about.

→ The past is in our back

The rods showed us first disturbances on the back of the persons, in connection with the two kidneys. Yet, in Chinese medicine, the kidneys are the organs that receive the "vital energy" transmitted by the parents. In short, it is our inheritance, whether good or bad.

We could observe that pieces of information came from a distant past, although they manifested in the present.

For example, a woman was afraid to conceive a child because she thought she was going to die during labour. Yet, this message had been transmitted by one of her ancestors who died while giving birth. Once the harmonisation done, she brought two children into the world without any problem and is the happiest woman in the world!

These disturbances had thus already been described, as well as the well-known family secrets, but without allowing us to offer other solutions than verbalisation or the staging of constellations.

The rods showed us an efficient and simple care method: one had just to travel back in time!

➔ **We can act on the past with the help of symbols**

This statement cannot be understood by our rational brain. However, we are all able to get back in time by a simple thought, and this does not surprise us! For example, if we think of an unpleasant scene of the past, we have instantly disturbing symptoms in our body (altered breathing, emotions, chills, etc.). It is because our brain does not differentiate past reality and present reality. Still, we have trouble seeing that we can act on a past event. In fact, there is no time for the invisible! This statement can easily be verified when we observe our interior “presence”: it is always there, but never with the same mood. However, this mood can instantly change through a conscious action from our part.

No matter the sources of the pollutions that affect us, it is possible to immediately modify the consequences, provided that the symbolic language is respected, as highlighted above.

The invisible has showed that one had to act with two simultaneous means in order to heal an information of the past:

- the practitioner follows the rods that will take them to the source of the event, symbolically situated more or less far in the back of the person. They can clean there and cleans the energetic emissions of the past;
- the healed person **proclaims loud and clear** a positive opposite version of the installed limiting belief. This way, the person can give new information to their genealogical tree in the present.

➔ **The collective is in the street**

Thereafter, the invisible showed us that very distant disturbances, far from our consciousness, had their origin very far behind, ten generations back sometimes. We could then discover very disturbing pollutions coming from:

- Inquisition (Middle-Ages). This pollution looks like some “not normal” phenomena, namely a mental presence that wants to impose another reality than the one manifested by life;
- Black magic rituals. This pollution comes from rituals when the persons try to obtain something from the invisible through the means of a “power”. These rituals were commonly practised by all the traditions of the world. Still today, lots of people try out this kind of acts to obtain wealth, power, intelligence, etc. Yet, this produces individual return effects and (family lines pollutions).

These pollutions are detected in the street, outside the house of the person, for they imply the collective and not only one individual. As a consequence, the care protocol may sometimes need to take place outside the limits of the property. Nevertheless, it also requires work on the habitat.

➔ **Example**

During a treatment, the rods showed a very severe family line pollution, which concerned the person herself. Her life was a disaster, she had enormous health problems that no one managed to treat.

We did the treatment: in one hour, the person got all her energy back and leaves, boosted and happy. The effect was utterly spectacular. She called us two days later: the disturbances were

coming back. We thus discovered that we not only had to treat the pollution in the back of the person outside her home, but also the echoes that were printed in her house. It's only after having realised those two aspects that the disturbances stopped.

→ Explanations

It is important to understand well the symbolic of a collective, family line treatment: the collective prints us out, but we also have a part of responsibility in this manifestation. We cannot break up this bond, not more than we can “break up with our genitors”. The tree represents this symbolic very well: the trunk feeds each branch and each bud, but each leaf gives the sap information from the exterior (sun) towards the earth. This cycle is often used in parables of traditional teachings, and it is no coincidence if we represent our family lines in the form of a “genealogical tree”.

Pollutions transmitted through family lines concern the collective as well as (and above all!) the patient. As a consequence, the treatment takes place outside the limits of the property (treatment of the collective), and in the habitat (treatment of the person's personal part).

Beyond the pollutions mentioned above, there are a lot of other disturbances that are transmitted through the genetical inheritance:

- Collective patterns - for example misbeliefs;
- Collective karmas connecting egregores - a population finds it must to pay for the consequences of the mistakes of their ancestors;
- Group karmas - specific souls find themselves in the same family to solve an old conflict, etc.

In any case, the care protocol remains the same :

- We start with establishing an inventory of the disturbances;
- It is necessary that the person understands their part in the collective;
- The person accepts to correct the disturbances with words, and mindfulness;
- We go to their back, on the kidney line, to clean the pollutions;
- One must also treat the echoes in the house, if any.

→ Conclusion

The family line treatments are relevant for almost everybody. As a matter of fact, it is likely that if we go few generations back, we find an ancestor having experienced a form of “negative” experience, and that it is imprinted on the family line.

Numerous experiences we made have taught us to recognise:

- Pollutions that come from Inquisition, as indicated above. They deny the normal expression of the polarities;
- Pollutions that come from specific religious rituals. For instance nones that had a child, although they had made a vow of chastity;
- Pollutions that come from nobility that wanted to keep some power - a regent on her son, for example;
- Pollutions that come from shamanic rituals in East Europe - this limits and imprisons people at every level of their lives;
- Pollutions that come from Asia - this cuts off cosmic information, preventing the person from rebelling, but leaving them the strength to be active in the fields, at war – or now work in factories!;
- Pollutions that come from certain sects - there is an imprisonment one cannot get out of;
- Pollutions that come from Sub-Saharan Africa -black magic rituals have been pushed very far, and the populations still pay for it today.

Moreover, symbolically, we are all connected to the same. We are potentially bearers the whole memory of the evolution – with its peregrinations – since the Big-Bang. We can claim that thanks to those treatments on family lines, we finally can clean some aspects of our collective past that has followed and congested us until today...

c) **The Karma's Informations**

Finally, the invisible has showed us that all problematics were an expression of what we coin " karma ".

3 definitions of karma :

The notion of karma comes from India and holds that everyone is responsible for their acts, over several consecutive incarnations. Our current living conditions are the result of good or bad actions in previous lives. If we consider that the human being has just one life, one talks about fate. But this does not change in any way the disturbances that happen in this life!

From an energetic or biological point of view, one can say that each human being comes to the world with genetical information that shape him. But we know that some psycho-emotional information also comes with our birth. One will say that one baby is "the portrait of his grandfather". Similarly, what can we say about a child born with a disability?

We can conceive karmic information according to three levels of consciousness.

- ➔ **Karma is a punishment.** This is the most widespread belief that explains that we "pay" the mistakes committed by our souls in previous lives. This vision creates guilt (it induces the caste system in India), and this does not let the individual improve themselves. This is an infantile vision based on reward and punishment.
- ➔ **Karma forces us to improve ourselves.** This is a more mature belief that explains that we have a negative karma. One just needs to realise good actions in order to correct it. This vision brings more consciousness, for it forces us to think over the origin of the disturbances in order to modify the source. But it induces a good/bad pattern that is difficult to deal with since the whole society advocates for "the making of the good".
- ➔ **Karma is a simple functioning of polarities.** This is the most realistic and adult vision. It is based on the observation that the human being has free will. One has then the choice to say "yes" or "no". Of course, everybody knows that the first word learnt by a child is "no"! Saying "no" to parents, to society, to laws that run people's lives, is a world-wide spread attitude. So, how to make the human being say "yes"? To be able to say a conscious "yes" the human being has to experiment the contrary. Thus, can we consider the karmic debts as simple information, necessary for the soul, so that the individual, being forced to respond to certain constraints, can express one day a real conscious choice of life? This act of resilience will produce an evolution, which is the aim of each soul – and the aim of *Medecine Symbolique*

➔ **There are no previous lives**

We were for a long time astonished by a fact: as we were questioning the invisible about the possibility that a person had already lived a certain event in a previous life, the rods remained still, saying neither "yes" nor "no". At the beginning, we thought that it was because we did not have access to this kind of information. Then, one day, we became aware that the invisible could not

respond to this question because it did not understand it! For the invisible, time does not exist. The question is therefore incomprehensible⁴.

Moreover, this kind of belief is often very limiting for the persons (Cf. the guilt-creating visions of karma).

Yet, we have well observed disturbing information from previous lives in habitations as well as in inhabitants!

→ **Karmic diseases**

These pieces of information could be detected outside the habitat, as for the family lines. But instead of concerning an organ like the kidneys, they were concerning the whole energetic circles of the auras. We named that type of problematic “possessions“ because disturbances showed that the person did not possess themselves and that they were constantly invaded:

- At a physical level: no pain moving in their body;
- At an emotional level: no personal emotions or coming being moved by external factors - atmospheres for example;
- At a mental level: recurring thoughts swirling around, voices in their head, etc.

The person is like a puppet and is not able to manage these three fields. There are easier cases, with just one field concerned, and some severe cases, with the three fields affected. Since the word “possession” can be scary, we name this pathology “sieve”. Indeed, it is as if the energetic bodies were porous, with holes all over, like a sieve. One says that the person is like a sponge. Our experiments showed us:

- that this situation was getting worse when one gets older, except if one is ready to work on themselves;
- that all types of medicine (classic, energetic, shamanic, exorcism, etc.) only temporarily worked. All the symptoms came back after a few days;

The solution was somewhere else...

→ **One must heal their soul**

Over time, the protocol guided by the rods has improved. This protocol unfolds in several stages:

- Outside the property, one has to start with cleaning all the auras and reconnecting the person at a cosmic and telluric level, as well as on the axis of the past - the bond to one's progenitors;
- One must then clean the connections of the karma that settle down at the moment of its incarnation. This takes place in front of the house door, just before to start;
- The person realises that they do not enter the incarnation correctly. Souls generally do not want to come. They then can correct this karmic information themselves by making another choice at the doorstep;
- In the house, one will have to clean the spiritual zones that are touched by the karma (symbolised by the three levels body-soul-spirit). These pieces of information having already incarnated in the early childhood, it is then possible to understand the sense of the karma for the person, that means what their soul has come to overcome in this life;
- There is then a stage of reconstruction, where the person, step by step, takes possession of the three levels again.

⁴ **Questioning the invisible** : it is important to understand that the invisible only uses a symbolic language. It is not able to conceptualise " intellectual " notions. We have also observed that the less we question the invisible and the more we listen to it, the better our method works !

We observe this type of treatment exclusively deals with mindfulness. It lets us say that we treat the soul well, without only relying on the body/spirit duo.

→ Example

Margaret is a 55-year-old strong woman of goodwill. Her body manifests physical pain that forces her to take regular breaks from work. Over time, all aspects of her life have been limited. The rods indicate a "sieve" case, signs of a karmic problematic. The treatment unfolds normally - some are more difficult, for certain invasions are very resistant. When we arrive home, the soul presents itself on the right side, as if Margaret wanted to "force through". She admits that she has always functioned this way! All her life, she has wanted to be strong like a man. She has built herself in denial of her feminine polarity and has forced her body to work hard and approach every situation by forcing through them. She even works as a lorry driver but can't stand this job any longer! She begs us: "I want to be normal again". This sentence sums up her whole karma. The soul has come to express femininity, since she is in a woman's body. But she refuses and tries desperately to prove another reality to the exterior. The more she refuses, the more the karma incarnates in violence (it's her own violence that turns against her). When she cannot stand this situation anymore, the awareness of her mistake can reverse the process...

→ Explanations

Life takes all its spiritual sense when observed this way. We realise that everything is calculated so that the consciousness awakes and grows. In this case, Margaret's mental, like for the most of us, starts by saying no. Then it ends up saying yes so that the pain stops.

Nevertheless the progress made to come to this conscious yes is precisely what produces the awakening of the consciousness. If Margaret had immediately said yes to her femininity, she would not have enjoyed the discovery of well-being at 55. The normal situations do not awake consciousness: the human routine shows that we endure life instead of fully living it.

One can imagine that Margaret's soul wanted to fully experiment the qualities of femininity. She has then chosen to come into a woman's body, but by refusing the expression of it at the same time. The situation will force her to say yes to break free from the pain she inflicts to herself. And then, she will be able to appreciate her choice!

→ Conclusion

One can say that the karmic healings are treatments on the soul that intervene on a spiritual level and let the consciousness grow. This way, we have discovered several karmic pathologies and several protocols to treat them, still in connection with the habitats.

As far as we know there is no equivalent treatment in other therapeutic approaches for most of them do not have a spiritual approach of life.

For us, if we consider that disease is a mistake, it is impossible to perceive its advantages. In our view, disease is just a manifestation of discontent of the soul that comes from a lack of self-development of a person in their life. Most of the disturbances stop as soon as the person joins the path of their self-realisation. It then just remains little prods that keep the individual from falling asleep on the way.

d) Psychic problematics

The spiritual process of evolution of consciousness does not stop here! It remains a field to observe. What is becoming the collective emergency of the planet belongs to the field of psychic disturbances.

→ **The mental disturbs everything**

We have collectively come to a breaking point since the mental continually takes us further to madness and the denying of the laws of the planet. It has become "normal" to push boundaries always further, up to jeopardise the very survival of species (bees for example), and as a consequence the survival of the human race.

The mental is a liar (in French **liar** = **menteur** and **mental** = **mental**). Both words have the same Latin root). It represents what is called "ego" in the traditions. Its existential need is insatiable! It always wants more, for it is driven by the fear of death.

Yet this energy that has developed since centuries has now taken control of society and individuals. If humanity is actually living a period of enormous evolution of consciousness (we can simply compare the two last generations to the previous generations), this consciousness has its negative counterpart.

→ **Consequences**

Everyone can observe the consequences in terms of dysfunctions. But we would like to raise awareness on another phenomenon: nowadays lots of diseases that develop concern the brain, like for example burn-out, depression and have become a public health issue.

A growing part of the population is affected by those diseases and does not find an efficient therapeutic answer. According to the WHO, numerous mental disorders are the consequence of an association of biological, psychological and social factors, and probably more that are still unknown. In France, the costs of social insurance for mental disorders exceed those for cancer. And the actual medicines are helpless regarding those diseases! There are no real treatments that cure. At the most, we can find palliative treatments that allow the individual to survive or remain integrated in society.

We have then to discover how to treat those diseases.

→ **Will Symbolic Medicine be able to give answers?**

Our approach is also promising in this field. We have had spectacular improvements in cases of burn-out or chronic depression (several years without ameliorations) or cases of schizophrenia for example (years of neuroleptic treatments).

Furthermore, we clearly perceive that the work on ourselves that we are obliged to realise induces a beneficial action on the treated persons. In other words, our protocols work because we ourselves are different.

→ **One must walk the path by themselves**

According to us, these diseases or psychic issues, in addition to medical treatment, can only be treated if the individual themselves has achieved a certain work on themselves. Besides, this path is marked by the way life has let us follow. Becoming a conscious creator is a huge piece of work! It seems normal to us that we must regain possession of our spirit, because it is more and more invaded by all sorts of useless, disturbing things that divert us from the realisation of our soul. For example, we can mention:

- drugs in all forms - some medication belong to them because they lead to addiction;
- addictions in all forms - food addiction, but also psychological addictions like the overconsumption of screens and Internet;
- toxic effects of what our senses perceive. Violent or perverse images enter our brain and print it out, as well as discordant sounds, etc.;
- fears that the consumer society generates in people and maintain nourish to sell products we do not need.

→ Conclusion

In fact, if we look upon all this, we must note that our world is at a crucial turning point. The forces at stake have never been that powerful, in the sense of destruction as well as evolution.

Could the world disappear with a global war? We have been able to avoid it until now.

Could the earth totally burn out and be weighed down under pollution for thousands of years? It is still time to reverse the process.

Are the diseases progressing, killing more and more or weakening people, making them dependant and powerless? Symbolic Medicine has been working in this field since years.

We think that a lot of tools are to be discovered so that the human being finds again (or finds) their positive creative power.

Our method invites you to roam this field of exploration !

4. Training programme

The actual training extends on several years alternating between three-day training units and practical application in the field.

The whole training is detailed on our website: www.medecinesymbolique.com

Some points should be highlighted:

- No special gift or sensibility is required to practice this method. Everybody can achieve it with some training;
- No particular knowledge is required. The theory part takes place at each training unit and our books are sufficient to give necessary information;
- Everybody can join the training. Usual motivations are:
 - Realising a work on yourself: the participants are quickly transformed, for they also benefit from a harmonisation;
 - Becoming a professional or an amateur practitioner.
- It is possible to rapidly practise professionally. We usually recommend the people willing to become professional to start the procedure during the first year of training. One should not wait for the end of the training programme, for one learns by doing;
- Experiential learning is endless. We cannot consider that this training will stop one day. In order to facilitate the process, a network of practitioners has grown in an administrative form (union) and in the form of exchanges (collective practices, exchanges, fairs, conferences, workshops, etc.). This network guarantees the spreading of the regular developments of the method, whether from us or other practitioners. Networking is very important for us, to get out of the actual deadlocks. The “everyone for themselves “ mentality doomed to failure;
- Training programmes take place a little bit everywhere to avoid long distances for the persons interested;
- The organisation of the programme is therefore flexible (location, training units...).

5. Potentialities of the method

Symbolic Medicine is still young but its potential is enormous. Indeed, we have been able to explore a lot of care techniques on the habitat and on the persons. Moreover, we have been able to make other promising experiments that just ask to be developed.

→ Harmonisations of businesses

A business is an energetic entity. It has a name, a territory with a “raison d’être”. Therefore, we can harmonise it on its ground with the person who requested the healing. We have realised harmonisations on small structures like craftsmen and craftswomen, businesses, restaurants. We have harmonised administrative structures, like a training centre and an association. We have also worked on more important structures, like a factory for example.

Everytime, the process is the same as for a classic harmonisation: this starts with a request and the spirit of the place responds with a symbol.

The requests are very various. We can mention:

- important staff turnover ;
- decline in attendance ;
- tensions within the structure ;
- electric, electronic failures, breakages of the equipment etc. ;
- uneasy feelings in a place, a room... ;
- unusual sick leaves ;
- declining business sale ;

We can also make a harmonisation for an underlying structure like a classroom for example, an office in a company, etc. The requester should be present and of age.

➔ **Harmonisations in the field of real estate**

This is a very specific field that deserves to be highlighted. A lot of properties do not sell well. A harmonisation with the seller generally unlocks the situation in the following days!

There is a huge potential of requests in this field.

➔ **Harmonisations in the field of agriculture**

Intervening on a farm, a cattle, cultivations, vineyards or orchards, is equally fascinating.

In particular, one can discover, besides what is underlined above, all the existing interactions between the owner and his animals, the spirits of nature, spirits of the plants, etc.

Here too, the results are spectacular! When we observe the situation of the modern agriculture, we can imagine a successful development of Symbolic Medicine in this field – pun intended!

➔ **Harmonisations of animals**

This time, we intervene on the duo owner/animal. Practitioners of our method have great results on horses that astonish vets. We can treat domestic animals like cats or dogs as well, in relation with their owner. Here too, the results are stunning - we have even saved one of our cats, otherwise he would have died.

In France and a lot of developed countries, people often have a pet that fills their emotional needs. It would be interesting to suggest to this category of the population a new therapeutic solution that heals the animal “consciously” from what binds it to its owner. Animals often manifest the unsolved disorders of their owner, what explains the success of our method.

➔ **Harmonisations of natural spaces**

The rods are an excellent means of getting in contact with the spirits of nature or of gardens. We tell a lot of this experience in our books, because it is the first thing that our place requested as we arrived. We were guided to create a garden, a water source and plant fruit trees, etc. The result always astounds the visitors, for it emanates a quiet and powerful energy. As we arrived, it was just a pasture for cows.

The method could then easily find its place among landscapers, professional or amateur gardeners, etc.

Conclusion

Medecine Symbolique sheds new light on therapy and on the place of the human being in the creation.

- It highlights how much everyone is the creator of what affects them, whereas the dominant way of thinking drives us to always act as a helpless victim.
- It shows that it is probably our spiritual part, our soul, which is at the origin of all our pain and blockages.
- It indicates clearly that the solution consists in reclaiming our creative power at every level:
 - Our thoughts: our intentions aren't clear, for they are often controlled by something else;
 - Our speech: we do not trust our own power;
 - Our actions: we should not remain passive regarding our environment, otherwise, we endure it.

Furthermore, Medecine Symbolique has an undeniable advantage: this method is accessible to all and allows people to be increasingly autonomous and responsible. Moreover, the tool is simple and the treatment does not necessitate the intake of any substances...

Finally, isn't it the aim of the human adventure that is summarised here?

ANNEXES

➤ **Lexicon**

Medicine: This word comes from the Latin and means “the art of healing“ But by extension, this word is often associated with *medication*, which represents the treatment to achieve healing and, *doctor*, the person who gives the treatment. For instance, among the Amerindians, we can find the association *Medecine man* to designate this whole. Medicine designates the person who practises as well as the means of treatment towards recovery.

Healing: There are several dimensions of healing.

- The disappearance of physical symptoms. This first level enables us to see a positive effect after a treatment. Medicines that want to eliminate symptoms use means to counteract the disease (natural or chemical medication, manual methods, energetical methods etc.). One can say that those medicines deal essentially with the body.
- The modification of internal functions. This second level aims at filling in the individual's weaknesses. The medicines are then interested in restoring the immune or psycho emotional system. Here too, they can use treatments but can also look for psychological disorders (the ground can be weakened by a pattern, a belief, a stress, etc.). Those medicines deal with the duo body-spirit.
- A change in consciousness. This is the third level that implies the individual's intimacy. *Becoming aware* enables to really change. The aim is to make the patient more mature and independent. The medicines include life tips to their protocols and help patients to draw lessons from their experiences. They can approach spiritual objectives of the “awakening of consciousness”. These medicines see the human being in its entirety (body-soul-spirit).

Symbolic: The word comes from the Greek “put together, join”. The whole brings together both representations of the same meaning. The symbol enables to describe two things that can be associated, or it allows to speak about it on two levels, like the parables used by Christ in his teachings. The symbol is often used to evoke the *spiritual essence* (of the spirit) of a manifestation.

Symbolic Medicine can be defined as follows:

“Care practise looking for the recovery of a harmonious functioning of the human being through an action taking the hidden essence of the manifestations into account.”

➤ **How to become a treatment or a harmonisation?**

A union of practitioners references the persons who have taken a training and give treatments and harmonisations. See the website : **www.sp-medecinesymbolique.org**

There are " 5 day - Soul Care Stays" which are organised by an association and during which Médecine Symbolique treatments are given as well as other complementary methods. These stays are very efficient and give impressive results on numerous pathologies, depressions, etc.

See the website : **www.dons-medecinesymbolique.org**